

## Trail to Triumph Virtual Run Waiver

- I acknowledge the event is demanding and physical in nature and involves the real risk of serious injury or even death from various causes, including overexertion, equipment failure, dehydration, accidents with other competitors, spectators or road users, weather conditions and/or other causes.
- I understand that participating in the event involves using public and private areas. The hazards include but are not limited to:
  - o vehicle traffic
  - weather conditions
  - o general road and trail conditions
- I declare, as a condition of entry into the event, that I have undertaken sufficient training
  for the event and that I am not aware of any illness, injury, physical disability or
  impairment which may cause me injury or death during or as a consequence of
  participation in the event. If I do become aware of any medical condition or impairment
  or am otherwise sick or injured prior to the event, I will withdraw from the event.
- I accept full responsibility for informing myself and assessing all the dangers, hazards and risk of entry in the event and will rely solely on my own assessment of these dangers, hazards and risks before and during my participation in the event.
- The decision to participate in the event is entirely my own and I accept all risks associated with participation in the event, including but not limited to loss of life and/or any injury, including any permanent injury.
- I agree to abide by all event terms and conditions. I understand that I must observe normal traffic rules and obey all directions and instructions given by any officials and the police.
- I acknowledge that it is a condition of participating in this event that I do so at my own risk. I accept all risks necessarily flowing from my participation in the event which could



result in loss of life or injury, including permanent injury. I release all persons or corporations associated directly or indirectly with the conduct of the event from and against all and every claim, right or cause of action (including for negligence, breach of contract and/or breach of statute) which I might have or which may arise out of my death or injury and/or damage or loss of any description which I may suffer or sustain as the result of or in connection with my participation in the event. This release continues forever and binds my heirs, executors, personal representatives and assigns and may be pleaded as a bar to any action, claim, demand, suit or legal proceedings.

- I authorise the use of my name, voice, picture or video to be used without payment in any broadcast or communication, promotion or advertising to promote the event or the event Charity now or in the future.
- I have read, understood and voluntarily sign this Waiver, Release and Liability Discharge Form and explicitly agree to its content.

## Indemnity & Release Acceptance

| Name:      |       |  |
|------------|-------|--|
|            |       |  |
|            |       |  |
| Signature: | Date: |  |